

Newsletter

MAY 2017



“WE CHERISH TOO, THE POPPY RED, THAT GROWS ON FIELDS WHERE VALOR LED,
IT SEEMS TO SIGNAL TO THE SKIES, THAT BLOOD OF HEROES NEVER DIES.”

-MOINA MICHAEL

HAPPY MEMORIAL DAY!

ADA Paratransit

A component of our SRT-Malheur Express service, is available within ¾ of a mile from the City of Ontario fixed route. This service is provided to persons with disabilities that prevent them from using accessible fixed-route transit. ADA Paratransit service is provided during the same days and hours as our fixed-route bus services. Trip purposes are unrestricted. ADA Paratransit service is designed to endure that the civil rights of these individuals are guaranteed as protected under the Americans with Disabilities Act of 1990 (ADA). ADA Paratransit is comparable to SRT Malheur Express' fixed-route bus service (service area, days and hours of service, fares and response time).

SRT-Malheur Express
Operated by MCOA&CS

Passenger trips will be coordinated to serve as many people as possible and to use our vehicles in the most efficient manner.

Passengers must be certified as ADA paratransit eligible before ADA Paratransit service can be scheduled, with the exception of visitors who have been certified as ADA Paratransit –eligible with other fixed-route transit systems and provide proof of certification. These individuals are eligible for temporary visitor status and do not need to be recertified by SRT-Malheur Express unless they will be using the service more than 21 days during the calendar year. Fare cost for Para

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Memorial Day Facts & Trivia:

- Memorial Day is a day of remembrance of those who have died serving our country.
- General John Alexander Logan ordered the Memorial Day holiday to be observed by decorating the war dead.
- On Memorial Day, the flag should be at half-staff until noon only, then raised to the top of the staff.
- Red Poppies are recognized as the Memorial Day flower.
- "Taps" is often played at ceremonies on Memorial Day.
- Memorial Day was first called "Decoration Day" because of the practice of decorating soldier's graves with flowers.
- New York was the 1st state to officially recognize Memorial Day.
- Flowers and flags are the two most popular items people use to remember soldiers.
- The south refused to honor the dead on Memorial Day until after World War I when the meaning of Memorial Day changed from honoring civil war dead to honoring Americans who died fighting in any war.
- Memorial Day was declared a federal holiday in 1971.

1. **When was Memorial Day first celebrated?** Memorial day was first celebrated on May 30, 1868. It was observed by placing flowers on the graves of Union and Confederate soldiers during the first national celebration.
2. **Why is Memorial Day celebrated on May 30?** Decoration Day was established as a time for

ADA Paratransit continued...

Transit: (¾ mile from the fixed route)

Fare cost for Para Transit: (¾ mile from the fixed route)

- \$2.00 for one-trip (curb to curb and no cost to transfer to regular route)
- \$20.00 for 10 ride pass (no cost to transfer to regular route)

For more information please contact SRT-Malheur Express (or MCOA&CS) at (541) 881-0000.

-Cheryl Gerzine - Transportation Project Manager (541) 889-7651 ext. 114.

Veteran Medical Rides

Malheur County Veteran medical transportation is available from Ontario to Ontario, Fruitland, Boise, Caldwell, Nampa and Meridian areas. It is at no cost but must be pre-approved. For more information or to start the application process, contact Malheur County Veteran Officer Connie Tanaka (541) 889-6649.



UPCOMING EVENTS

BLINDNESS & LOW VISION WORKSHOP - Tuesday, May 9th, 9-12pm,

Location: MCOA&CS - Presented by Oregon Commission for the Blind - Workshop Topics:

- General eye anatomy and vision information
- Common eye conditions and how they affect vision
- Low vision simulations
- Sighted guide techniques
- Adaptive equipment information
- Resources for individuals with low vision or blindness

FAMILY CAREGIVER SUPPORT GROUP SERIES Topic: Sensory

Performance - First Thursday of each month, 1pm-3pm, Edgewood Senior Living Center

- May 4 - **Taste** - Dietary changes, management, food preparation
- June 1 - **Sight** - Low vision causes, symptoms, treatment
- July 6 - **Touch** - Geriatric touch, appropriate touch with the most common ailments
- August 3 - **Hearing** and balance recognition, testing, understanding, tips for communication
- September 7 - **Scent** - Nontoxic hygiene, home deodorizers and disinfectants, bathing, perennial cares, and nontoxic ways to manage household odors and contamination

Memorial Day Facts & Trivia continued...

the nation to decorate the graves of the war dead with flowers. Maj. Gen. John A. Logan declared that Decoration Day should be observed on May 30. This date was chosen because flowers would be in bloom all over the country.

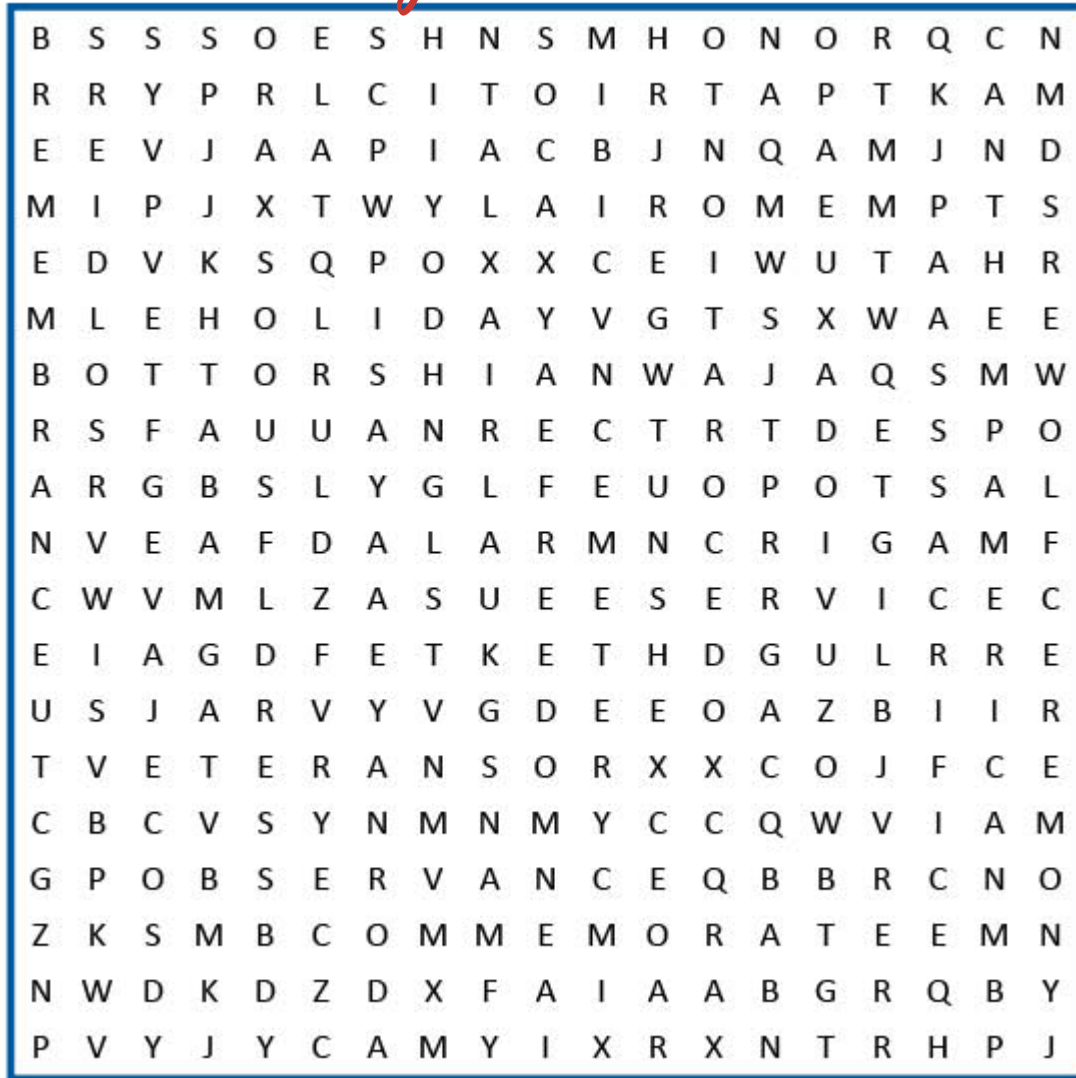
3. **Who started the custom of wearing red poppies?** In 1915, inspired by the poem

“In Flanders Fields,” Moina Michael replied with her own poem (as seen on front cover of this newsletter). She then came up with an idea of wearing red poppies on Memorial day in honor of those who died serving the nation during war. She was the first to wear one, and sold poppies to her friends and co-workers with the

money going to benefit servicemen in need.

4. **How is the 3rd U.S. Infantry associated with memorial day?** Since the late 1950’s on the Thursday just before the Memorial day, around 1200 soldiers of the 3d U.S. Infantry place small American flags at each of the more than 260,000 gravestones at Arlington National Cemetery. They then patrol 24 hours a day during the weekend to ensure that each flag remains standing.

Memorial Day Word Search



- | | | | | |
|-------------|---------|-----------|-------------|----------|
| AMERICAN | FALLEN | HALF MAST | MEMORIAL | SALUTE |
| ANTHEM | FLAGS | HEROES | OBSERVANCE | SERVICE |
| CEMETERY | FLOWERS | HOLIDAY | PATRIOTIC | SOLDIERS |
| COMMEMORATE | FREEDOM | HONOR | REMEMBRANCE | TAPS |
| DECORATION | GRAVE | MAY | SACRIFICE | VETERANS |
| | | | | WAR |

Memorial Day Quotes

For love of country they accepted death...

~James A. Garfield

And they who for their country die shall fill an honored grave, for glory lights the soldier's tomb, and beauty weeps the brave.

~Joseph Drake

The patriot's blood is the seed of Freedom's tree.

~Thomas Campbell

These martyrs of patriotism gave their lives for an idea.

~Schuyler Colfax

We come, not to mourn our dead soldiers, but to praise them.

~Francis A. Walker

<http://www.purpletrail.com/partytrail/what-is-memorial-day-history-facts/>

May Meals

Vale Meals:
Mondays & Wednesdays
Nyssa and Ontario Meals:
Tuesdays & Thursdays
Meals served at 12pm

	<u>DAY 1</u>	<u>DAY 2</u>
WEEK 1 Vale: May 1 & 3 Ont/Nys: May 2 & 4	Soup of the Day Chicken Fried Steak Country Gravy Mashed Potatoes Hot Vegetable Wheat Dinner Rolls Dessert Milk	Green Salad w/ Ranch Dressing Chicken Pot Pie Hot Vegetable Wheat Bread Dessert
WEEK 2 Vale: May 8 & 10 Ont/Nys: May 9 & 11	Soup of the Day Sweet & Sour Pork Vegetable Chow Mein Fried Rice Wheat Bread Dessert Milk	Green Salad w/ Creamy Italian Spaghetti w/ Meat Sauce Hot Vegetable Garlic Bread Sticks HAPPY BIRTHDAY CAKE!! Milk
WEEK 3 Vale: May 15 & 17 Ont/Nys: May 16 & 18	Green Salad w/ Ranch Dressing BBQ Chicken Baked Beans Hot Vegetable Wheat Bread HAPPY MOTHER'S DAY CAKE!!! Milk	Potato Salad Deli Sub Sandwich Lettuce/Tomato/Onion/Pickles Cheese/Mayo/Mustard Chips Hoagie Rolls
WEEK 4 Vale: May 22 & 24 Ont/Nys: May 23 & 25	Green Salad w/ 1000 Dressing Chicken/Keilbasa Gumbo Hot Vegetable Corn Bread Dessert Milk	Cabbage Salad Beef & Broccoli Steamed Rice Hot Vegetable Crescent Rolls Dessert Milk
WEEK 5 Vale: May 29 & 31 Ont/Nys: May 30	<u>Monday - No Meal</u> Happy Memorial Day! Tuesday: Cabbage Salad Sloppy Joe Sliders Baked Beans Hot Vegetable Rolls Dessert Milk	Soup of the Day Beef Tips w/ Brown Gravy Pasta Hot Vegetable Wheat Dinner Rolls Dessert Milk